



USA T&F Club: 007

One More Mile

The Newsletter of the Cape Cod Athletic Club

Founded in 1976

Volume 9, Edition 3

On the internet at <http://www.capecodathleticclub.org/>

May-Nov 2006



What's Happening?

President's Message	2
Letters	3
Spring of '06	14
One Score and Ten	20
Results	21
Calendar of Events	40